

What to Bring to Teen Camp...

This list is given as a guideline to assist in packing for the camper.
Make certain that sufficient clothing is sent. There are no laundry facilities.

- 2 Pair of Closed-Toed Footwear (Boots, Sneakers)
- Pair Sandals / Water-shoes
- 5-8 Pair Socks
- 1 Modest Bathing Suit (no bare midriiffs)
- 3-5 Shorts
- 3 Pants
- 5-7 Tee Shirts / Shirts
- 1 Pajamas
- 1 Raincoat/ poncho
- 2 Sweatshirt / Fleece (Warm Layer)
- 5-8 Undergarments
- 2 Large Plastic Garbage Bag - (Dry & Wet laundry)
- 2 Towels (for swimming & for showers)
- 2 Wash Cloth
- 1 Bible
- Pillow
- Sleeping Bag
- Extra Blanket (*Optional*)
- Flashlight
- Dark Clothes- (For evening activities)
- 1 set of Clothes for Messy Games (cloths that ***will*** get messy)
- Fishing Pole / Tackle (optional)
- Personal Items...
 - Toothbrush & Toothpaste
 - Soap / Shampoo
 - Tissues
 - Comb / Brush
 - Deodorant

Media & Technology Use @ Camp:

Teen campers are ONLY allowed to use cell phones and/or devices during free time.
However, **Rock Mountain recommends that everyone UNPLUG, and leave phones & devices at home.** (*Pretend it's the 90's.*)

The Program Manager has the authority to deny this privilege and confiscate the device for the duration of the program if the use of a device goes against camp standards or policies.

WiFi access is NOT available to campers.