

# PACKING LIST

This list is a **SPECIFIC** guide in packing for the trip. You must have this stuff!  
Pack to be prepared for all weather conditions, but pack light!

## CLOTHING

- 2 Pair of Footwear - 1) Hiking Boots 2) Sandals
- 2 Pair of Hiking Socks (no cotton!)
- 1 Pair Shorts
- 1 Pair Pants (*Quick-drying nylon preferred*)
- 2 T-Shirts
- 1 Raincoat / Poncho (Rain Pants optional)
- 1 Sweatshirt/Fleece/Wool Shirt
- 2 Pair Undergarments
- 1 Complete set of Dry Clothing (to change into after returning to camp)

## GEAR

- 2 Plastic Trash Bags (for wet clothing & trash)
- 1 Towel (for swimming & for showers at RMBC)
- 1 Wash Rag / Small towel
- 1 Lightweight Bible
- 1 Pen/Pencil
- 1 Unbreakable Bowl
- 1 Unbreakable Cup/Mug
- 32 oz. Water Bottle/Nalgene (make sure it doesn't leak)
- 1 Set - Eating Utensils (Knife & Spoon)
- Sleeping Bag- (**Must roll or compress to 9x16" MAX**)
- Personal Items... (*think light & small*)
  - G Toothbrush & Paste
  - G Biodegradable Soap
  - G Tissues
  - G Flashlight/Headlamp
  - G Comb / Brush (optional)
  - G Deodorant (optional)
  - G Pocket Knife / Pocket Tool (optional)
  - G Small Pillow (optional)
  - G Camera (optional)
  - G Other NECESSARY personal item (i.e. contacts)

**Please do NOT bring...**

*Personal Media Players (CD/MP3/Ipod/etc), Cell Phones, Electronic Games*



**ROCK MOUNTAIN**  
B I B L E C A M P

**EXPERIENCE TRUTH – COMMUNITY – CHANGE**